



August 2022 | Vol. 4



# CCDBG TIMES



California Indian Manpower Consortium, Inc.  
Child Care and Development Block Grant Program



## HELLO FROM EVERYONE HERE IN CIMC'S CCDBG PROGRAM!



We hope this newsletter finds you and your family safe and healthy. The CCDBG Program Staff are hoping that this newsletter will keep families updated on the CCDBG Program and provide resources that will be helpful to your family. We encourage you to let us know what resources you find most helpful and what you would like to see in future newsletters. Our contact information is located on page 8 of this newsletter, please reach out to us anytime.

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# RESOURCES

## **FREE** Emergency & Disaster Preparedness Training

Includes a backpack full of emergency equipment valued at \$90 for **FREE**

### Interested in joining this training?

To register and receive the training link, please contact  
Susan Morla [susanm@cimcinc.com](mailto:susanm@cimcinc.com) or Skyler Baltazar [skylerb@cimcinc.com](mailto:skylerb@cimcinc.com)  
You can also call 916-925-3582 / 800-593-5373



## CSBG



### Community Services Block Grant Program

- Nutrition services for limited food resources
- Housing Assistance
- Utility Assistance
- Education Assistance
- Employment Assistance



Scan the QR Code or visit

<http://www.cimcinc.org> to learn more



## CONDOR



### SUCCESS AND CAREER ACADEMY

### Is your child in need of tutoring?

Tutoring is available for children of all ages through Grade Results. Students work at their own pace and all instruction is individualized. Through the CIMC Condor Success and Career Academy, student can complete school, earn a high school diploma, or complete a pathway certification program



Scan the QR Code or visit  
<http://www.cimcinc.org> to learn more

### CHILDREN'S EYE HEALTH AND SAFETY MONTH

"Your child's sight can play an important role in your child's physical, mental, and social development. Uncorrected vision problems can impair child development, interfere with learning, and even lead to permanent vision loss. Early detection and treatment of eye problems are critical."



<https://preventblindness.org/your-childs-sight-seeing-for-school/>

### FOR QUESTIONS ABOUT THE CCDBG PROGRAM

**Sarah M. King** - Program Coordinator [SarahK@cimcinc.com](mailto:SarahK@cimcinc.com)

**Susan Morla** - Program Specialist [SusanM@cimcinc.com](mailto:SusanM@cimcinc.com)

**Skyler Baltazar** - Secretary [SkylerB@cimcinc.com](mailto:SkylerB@cimcinc.com)

(800) 593-5273 | (916) 925-3582 | TTY: (800) 748-5259







# RECOMMENDED ELEMENTARY SCHOOL SUPPLY LISTS



## Pre-Kindergarten - Kindergarten

- |  |   |
|--|---|
| <input type="checkbox"/> #2 Pencils              | <input type="checkbox"/> Pencil Case/Box          |
| <input type="checkbox"/> Erasers & Sharpener     | <input type="checkbox"/> Glue Sticks              |
| <input type="checkbox"/> Watercolors (8ct)       | <input type="checkbox"/> Blunt Scissors           |
| <input type="checkbox"/> Box of Washable Markers | <input type="checkbox"/> Wide Ruled Notebook      |
| <input type="checkbox"/> Box of 24 count crayons | <input type="checkbox"/> Pocket Folders           |
| <input type="checkbox"/> Box of colored pencils  | <input type="checkbox"/> Hand sanitizer & Tissues |

## First Grade - Second Grade

- |   |  |
|---|--|
| <input type="checkbox"/> Everything in the list above | <input type="checkbox"/> 12" Ruler           |
| <input type="checkbox"/> Dry erase markers            | <input type="checkbox"/> Index Cards (ruled) |
| <input type="checkbox"/> Highlighters                 | <input type="checkbox"/> Ballpoint Pens      |

## Third Grade - Fifth Grade

- |  |   |
|--|---|
| <input type="checkbox"/> Everything in the lists above | <input type="checkbox"/> Protractor       |
| <input type="checkbox"/> 1-inch 3-ring binder          | <input type="checkbox"/> Subject dividers |
| <input type="checkbox"/> Wide ruled loose leaf paper   | <input type="checkbox"/> Calculator       |
| <input type="checkbox"/> Reusable water bottle         |   |





# STRATEGIES FOR SUPPORTING SAFE IN-PERSON LEARNING FOR KIDS

Below are some ways that can help prevent the spread of COVID-19 as well as other infectious diseases, such as influenza (flu), respiratory syncytial virus (RSV), and norovirus, and support healthy learning environments for all.



## STAYING HOME WHEN SICK

Staying home when sick can lower the risk of spreading infectious diseases, including the virus that causes COVID-19, to other people.

## HAND HYGIENE

Washing hands can prevent the spread of infectious diseases. Children should be taught and reinforced with proper handwashing to lower the risk of spreading viruses.



## RESPIRATORY ETIQUETTE

Teach and reinforce covering coughs and sneezes to help keep individuals from getting and spreading infectious diseases.



For more information and tips for hand hygiene and coughing etiquette, visit the CDC website:  
<https://www.cdc.gov/hygiene/personal-hygiene/coughing-sneezing>



# CLEANING AND DISINFECTING

Surfaces should be cleaned at least once a day to reduce the risk of germs spreading by touching surfaces. If a facility has had a sick person or someone who tested positive for COVID-19 within the last 24 hours, the space should be cleaned and disinfected.



For more information and tips for cleaning and disinfecting to prevent illness, visit the CDC website:  
<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

## STAYING UP TO DATE ON VACCINATIONS



Staying up to date on routine vaccinations is essential to prevent illness from many different infections. Vaccines reduce the risk of infection by working with the body's natural defenses to help safely develop immunity to disease.

## WEARING A MASK

Wearing a well-fitting mask consistently and correctly reduces the risk of spreading the virus that causes COVID-19 and other viruses.

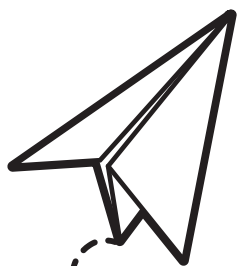
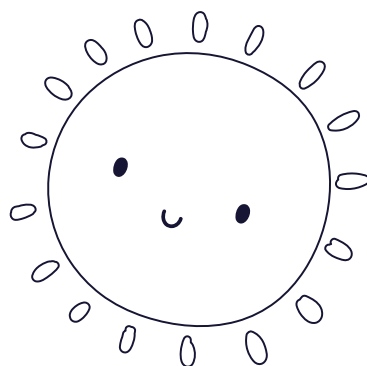


All Information on pages 4-5 is sourced from the CDC website  
<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-childcare-guidance.html>





# Kids Corner

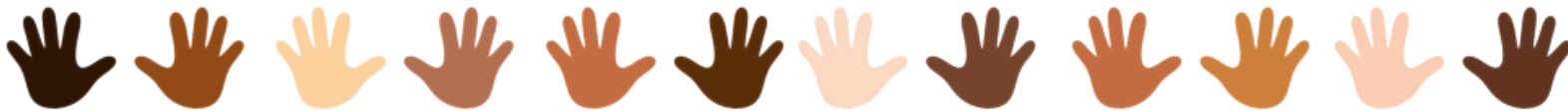
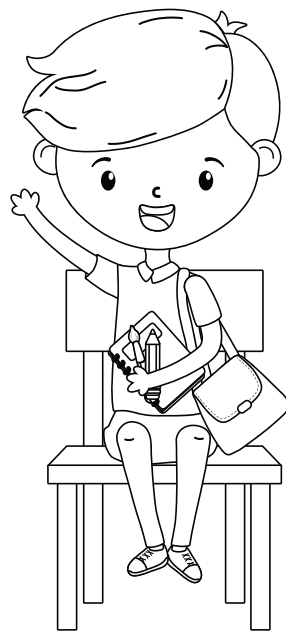
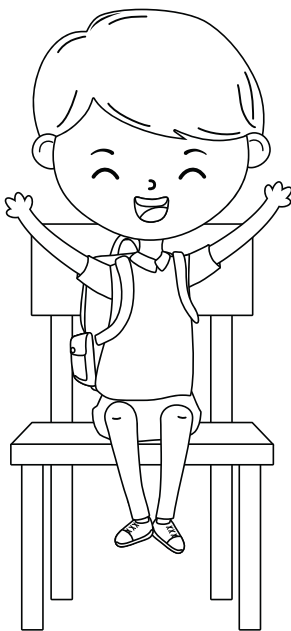
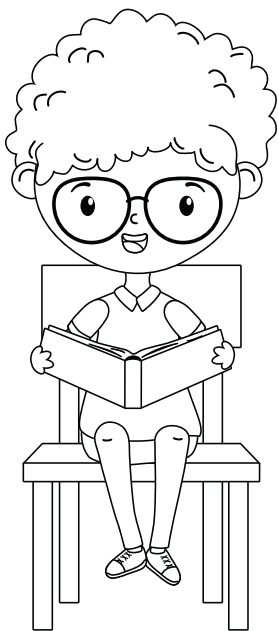
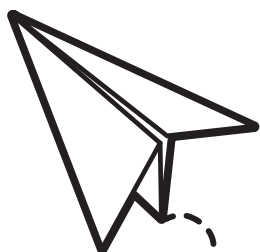


## BACK TO SCHOOL

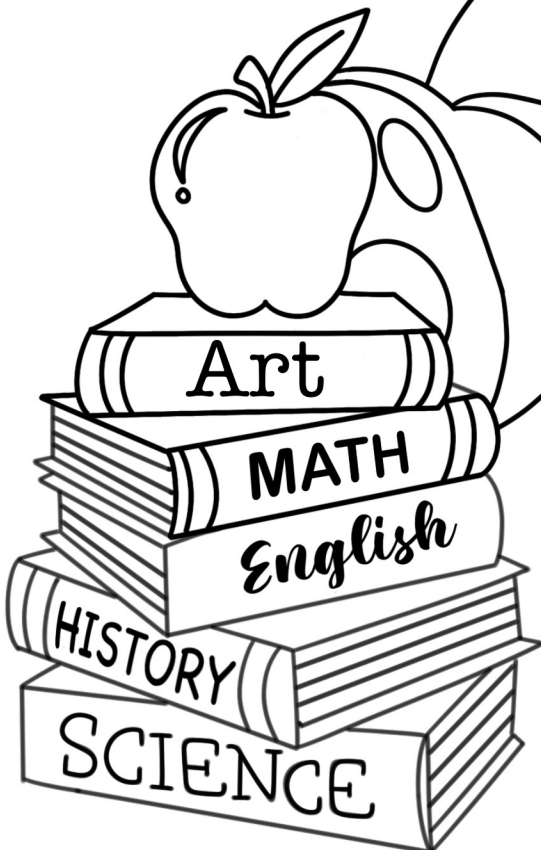
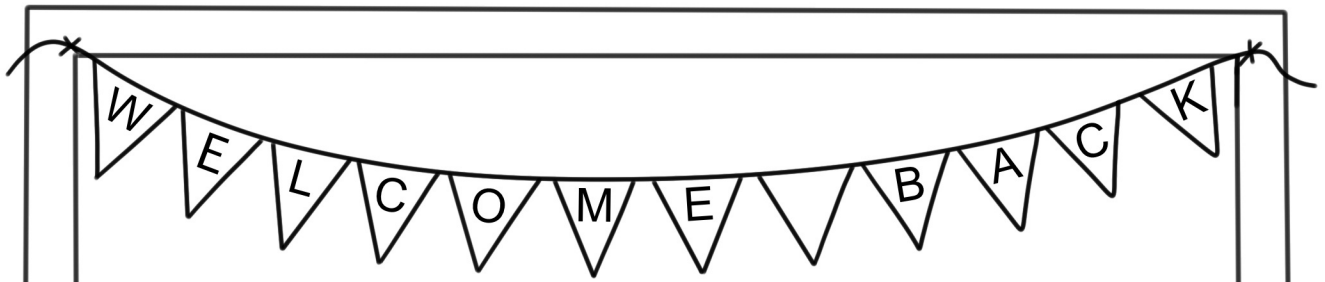
J B O O K S R N K I Z W D W Q  
O V L R E C E S S A T D H E V  
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W O A N A I E F U H P E R S M  
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S T U D E N T E A C H E R L H  
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M H U O T S X L B K S K F I Z  
E X B B Z C E Z Z V B N T C J  
B R F O C T X Y O G M L H Y L

### Word Bank:

LEARNING  
READING  
TEACHER  
CLASS  
DESK  
WRITING  
BOOKS  
STUDENT  
RECESS  
SCHOOL  
MATH  
FUN











# **CIMC CCDBG Program**

**Do you need help paying for your child care?**

**CIMC CCDBG Program may be able to help you.**

**Are you from one of the following tribes:**

**Cahuilla Band of Indians, Kletsel Dehe Wintun Nation,  
Coyote Valley Band of Pomo Indians, Fort  
Independence Indian Reservation, Lone Pine Paiute-  
Shoshone Reservation, Mesa Grande Band of Mission  
Indians, Morongo Band of Mission Indians, Pala Band  
of Mission Indians, San Pasqual Band of Mission  
Indians, Santa Rosa Band of Cahuilla Indians, Santa  
Ynez Band of Chumash Indians, Lipay Nation of Santa  
Ysabel, Sherwood Valley Band of Pomo Indians,  
Tuolumne Me-Wuk Indians, Habematolel Pomo of  
Upper Lake**

**Staff can mail or email an application to you.**

**Please feel free to contact the CIMC CCDBG  
Program at (916) 925-3582 or (800) 593-5273  
with any questions.**

**Scan the QR Code to be directed to our website,  
or go to [CIMC.ORG](http://CIMC.ORG) to learn more.**

